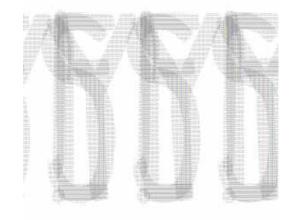
# INTRODUCTION TO STUDENT LED IEP MEETINGS



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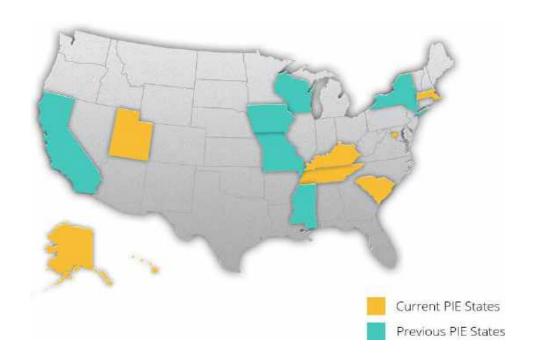
TASH is a 501(c)3 non-profit organization and leader in disability advocacy. Founded in 1975, TASH advocates for human rights and inclusion for people with significant disabilities and support needs – those most vulnerable to segregation, abuse, neglect and institutionalization.

TASH works to advance inclusive communities through advocacy, research, professional development, policy, and information and resources for parents, families and self-advocates. The inclusive practices TASH validates through research have been shown to improve outcomes for all people.

TransCen is a non-profit organization dedicated to improving education and employment success of youth and young adults with disabilities.

TransCen's work is driven by the belief that employment and active community participation are attainable for all individuals, regardless of disability or other perceived barriers to employment.

## Partnerships in Employment States



## UTAH SCHOOL TO WORK PROJECT



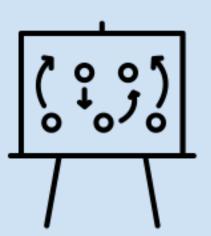
Provides technical assistance to schools in an effort to improve employment outcomes for transition age youth with intellectual or developmental disabilities, focusing on those who have significant barriers or high support needs. School to Work aims to engage transition students in employment related services prior to graduation so they are more prepares for competitive, integrated employment prior to or upon exiting school.

Utah School to Work Project currently has 9 Project Demonstration sites, with 61 students enrolled cumulatively. Each site has a local coalition of partners including:

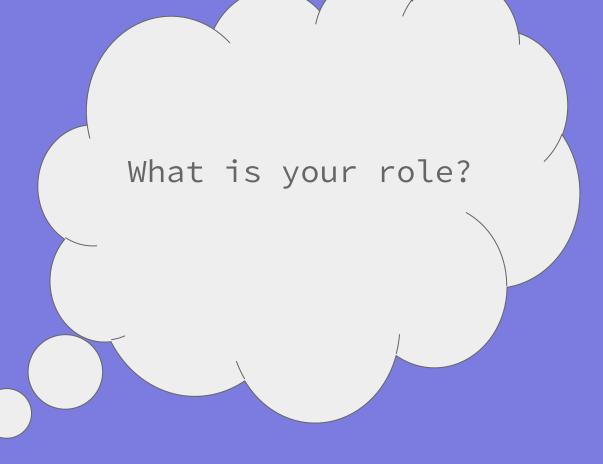
- Educators
- Voc Rehab Counselors
- DWS Counselor
- Employment Provider specialist

## OVERVIEW

- What are Student Led IEPs?
- Purpose
- Benefit, Importance & Impact
- Common Obstacles
- Ways to get started NOW!



# TELL US ABOUT YOU:





How familiar are you with student directed/student led IEP meetings?



Taken from Jamie L van Dycke, James E. Martin, David L. Lovett, Teaching Exceptional Children. Reston Jan/Feb 2006 Vol. 38, Iss.3 Pg. 42, 6pgs Self-Determination Constructs

### WHAT IS A STUDENT LED IEP MEETING?

Student-led IEPs reflect practices that support active student participation in IEP development and processes in which students take a leadership role in making decisions about their future. Throughout the IEP process, IEP team members (including the student) assess student strengths and needs and develop goals.

These plans are then implemented and regularly monitored in order to determine whether or not adjustments should be made.

http://dc-transition\_guide.frameweld.com/page/studentled\_iep\_toolkit\_introduction\_

## WHY STUDENT LED IEPS ARE IMPORTANT

- If students don't know what an IEP or goals are... how are they suppose to be working on their goals?
- Helps students understand about their disability and how they can work on improving their weaknesses.
- Gives students real life experience in problem solving, social skills, leadership and decision making
- Gives students self-advocacy skills & raises self-esteem
- Makes the IEP a more enjoyable/positive process!

## IEP PARTICIPATION CONTINUUM

IEP takes place without student present Student present with minimal participation and/or preparation

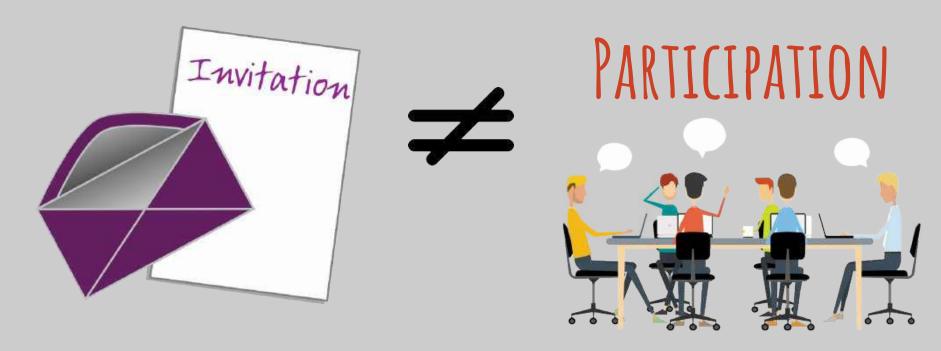
Student present with some participation (presents information, gives input into goals, answers questions)

Student present and actively participates Student present and takes responsibility for one piece of the process

Student present and takes responsibility for most of the process

## POLL QUESTION:

Where on this scale do you currently fall with the majority of the students you support?



We are **mandated** to invite students to attend their IEP meetings. This invitation does not guarantee **meaningful** student involvement in the meeting, nor does it equal meeting participation on behalf of the student.

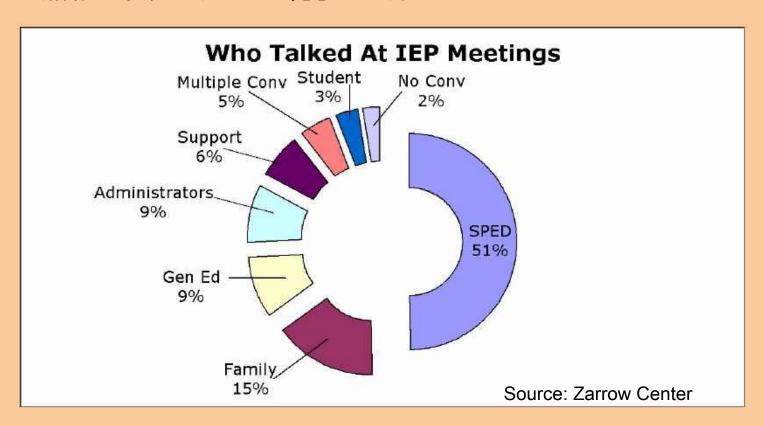
## JUST BEING THERE ISN'T ENOUGH...

- When students aren't taught to participate:
  - Meeting atmosphere is intimidating
  - Agenda driven rather than student-centered
  - Students don't actively participate and discuss preferences
  - Self-determination skills inhibited

## TOKEN MEMBER OF THE IEP TEAM

- Students can often be token members of the IEP teams
- Invitation to be present does not provide opportunity for equal participation or decision making.

### WHO TALKS DURING IEP MEETINGS?



### SHIFTING PERSPECTIVE: YOUTH LEADERSHIP

#### Who is Participating in IEPs?

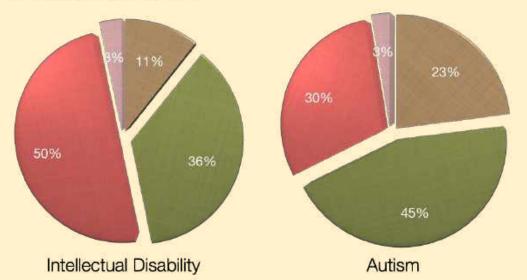
Do Not Attend Meetings

Are Present But Participate Little

Are Moderately Active

Are Leaders in Planning

Percentage of Students Who...



## IN THE CREATION AND IMPLEMENTATION OF THEIR EDUCATION AND TRANSITION PLANS.

WE BELIEVE STUDENT-LED IEP MEETINGS ARE MEANINGFUL

OPPORTUNITIES FOR ALL STUDENTS TO TAKE LEADERSHIP ROLES

## STUDENT LED IEPS CAN BE IMPLEMENTED WITH ALL STUDENTS!

- Students of any age
  - Elementary school and beyond!
- Students with any disability
  - Mild, Moderate, Severe
- Students in ANY instructional setting
  - Inclusion
  - Resource
  - Cross-categorical
  - Self-contained



## COMMON OBSTACLES TO STUDENT LED MEETINGS



## COMMON OBSTACLE # 1: I DON'T HAVE TIME!



- Re-allocate time & make a priority
- Doesn't have to take long consider a course or sessions on Self-Directed IEPs
- Preparation may take longer but over time will decrease
- Involve other team members in the process

## COMMON OBSTACLE # 2: ACCESS TO GENERAL EDUCATION CURRICULUM AND HIGH STAKES TESTING



- All are priorities! Skills needed for student led IEPs directly/indirectly relate to standards and general education curriculum
- Student led IEPs focus on skills critical for success in life

## COMMON OBSTACLE # 3: MY STUDENTS AREN'T MOTIVATED!



- Make it fun!
  - Allow the students to pick the pictures, colors, themes, etc
- Students might express lack of interest however it's important to teach them the purpose of the IEP
- This obstacle leads to a self-fulfilling prophecy
- Once a student leads their IEP, they take more ownership in the transition process

## OBSTACLE #4: SOME STUDENT'S DISABILITY IS TOO SIGNIFICANT



- Assumptions are dangerous!
- Be creative with adaptations (it's what we do best!)
- All students can communicate in some way - pictures, symbols, signs, gestures
- "Whenever appropriate means always" (Wehmeyer, 1998)

## OBSTACLE #5: I WILL LOSE CONTROL OF THE MEETING



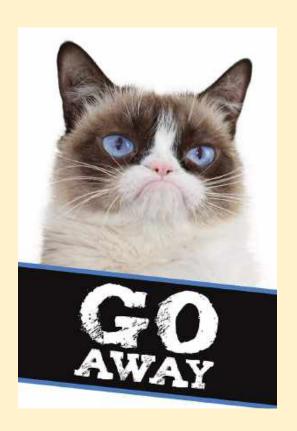
- Yes, the meeting will not be scripted as past meetings and you can't be sure what students will say but it's worth the risk!
- It is a good thing to lose some control - if you always get your way, students are not really being self-determined!

## OBSTACLE #6: WE DON'T HAVE THE RESOURCES



- Mini grants through local organizations (Lions, Rotary clubs)
- Use school resources computer labs, video equipment, etc.
- IEP templates can be re-used

## OBSTACLE #7: NO ONE ELSE AT MY SCHOOL WANTS TO TRY IT!



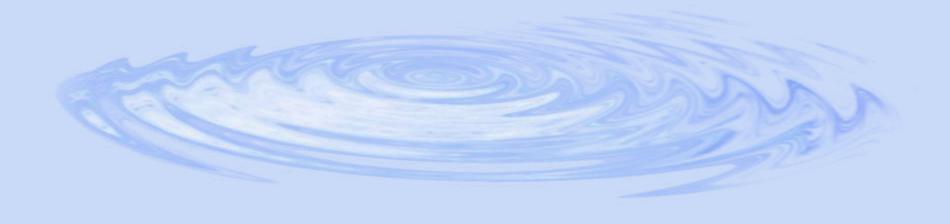
- It is generally easier to try new ideas or implement change with a collaborative team
- Your success with students will inspire others!

## OBSTACLE #8: MY ADMINISTRATIVE SUPPORT IS LIMITED

People aren't always going to be there for you, that's why you learn to handle things on your own.

- Suggest student-led conferences as a school wide approach to begin
- Continue to discuss with your administrator - focus on the student benefits (it's hard to argue that point!)
- Have the student talk with the administrator

## THE IMPACT



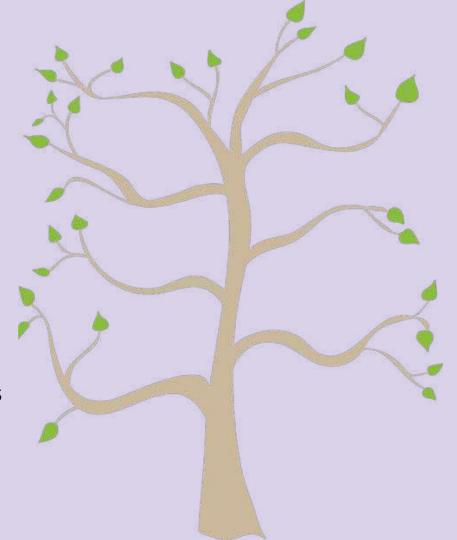
## IMPACT ON STUDENTS:

- Students attend more IEP meetings they become more meaningful
- Students talk more about their interests
- Students share more about their dreams for the future
- Students talk more about the job and careers they want
- Students feel more in control
- Students feel more confident about reaching their IEP goals



## IMPACT ON FAMILIES:

- More parents attend IEP meetings
- Increased parental involvement and voice
- Improved communication with teacher
- More self-determined youth
- Positive interaction with school professionals



## IMPACT ON PROFESSIONALS:

- Promotes positive relationships with student and families
- IEP meeting becomes more about student and less about the process
- ALL Team member learn about the student
- Shows students in a new light
- Indicator 13 & 14



## POLL QUESTION:

What are some ways you support students to meaningfully participate in their IEP meetings?

#### AJ LEADING HIS IEP MEETING





## WAY TO GET STARTED **NOW**

- Use existing material Positive Personal Profiles
- Explore PowerPoint and presentation templates
- Start with one student at a time
- Incorporate skills for student led IEPs in classes
  - Support student in leading a class discussion
  - Provide opportunities for students to present
- Include as a goal in their IEP
- Get pictures & videos (with permission)



## QUESTIONS & COMMENTS?



## PLEASE JOIN US FOR OUR NEXT WEBINAR ON OCTOBER 15TH AT 3PM MT



steps to a meaningful student led IEP meeting & strategies for implementation





## CONNECT WITH US!

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